

February 4, 2019

Dear Miles for Meals Walk Group Organizer:

We are so excited that you have chosen to take on the role of Group Leader in the Miles for Meals Walk that will be held on Saturday, May 4, 2019. The annual Miles for Meals Walk – AKA “The Walk”, is the biggest annual fundraising project of the Henry County Council on Aging. It raises the funds we need to continue programs that benefit the Senior Adults in Henry County along with making our community aware of the needs of our Senior Adults. The funds we raise in The Walk are vital in providing assistance through our Meals on Wheels, Nutritional Supplements and Senior Center Meals.

We greatly appreciate you giving of your time, effort and resources to help the Senior Adults in our community who will benefit directly from the funds and awareness gained by this year’s annual walk. Without your support we wouldn’t be able to achieve our goal. Enclosed you will find all the materials you need to lead a successful Walk Group.

- Miles for Meals Information Sheet for Walkers
- Prize Summary Sheet
- Tips Sheet for a Successful Walk Experience

With your hard work and dedication, our 25th annual Miles for Meals Walk will be a great success!

Thank you,

Ann Marie Quincey  
Administrative Assistant III – Miles for Meals Coordinator  
Henry County Senior Services

Name of Group: \_\_\_\_\_ Group Leader: \_\_\_\_\_

Address: \_\_\_\_\_






Phone #: \_\_\_\_\_ E-mail \_\_\_\_\_

TOTAL AMOUNT COLLECTED BY GROUP: \$ \_\_\_\_\_

**MILES FOR MEALS**  
**PRIZE SUMMARY SHEET FOR GROUPS**

S	M	L	XL	XXL	T-shirt (1 per walker collecting \$25 or more, not for every \$25 collected)	Door Prize Tickets 1 per walker with \$25 collected	Lunch Tickets 1 per walker with \$25 collected

**INSTRUCTIONS:**

-  Distribute walker envelopes to individuals in your group and set a date for the envelopes to be turned back in to you.
-  Make a list of walkers in your group and prizes they are eligible for and summarize above.
-  Walkers who plan to participate in The Walk and raise at least \$25 will receive a lunch ticket – 1 ticket per walker.
-  Walkers who plan to participate in The Walk AND raised at least \$25 are eligible to participate in the drawings for door prizes and will receive one ticket per walker.
-  Bring the Prize summary sheet, the list of your walkers and prizes they are eligible for along **with the individual walker envelopes** to group registration.

**If you need to register your group prior to the walk, please contact Ann Marie Quincey at 770-288-6975 or [aquincey@co.henry.ga.us](mailto:aquincey@co.henry.ga.us), otherwise group registration will be held at the walk.**

## **MILES FOR MEALS INFORMATION SHEET FOR WALKERS**

### **Why Be A Miles for Meals Walker –**

To have firsthand experience at helping to support the programs and services that sustain the Senior Adults in Henry County.

### **When and Where –**

The 2019 Miles for Meals walk will be on Saturday, May 4, 2019, with registration starting at 9:00 am and The Walk beginning around 10:00 am. The Walk will begin at the Jason Harper Event Center at Heritage Park, Lake Dow Rd., McDonough. Lunch, door prizes awarded and awards will begin right after the walk.

### **Walker Envelopes & Release of Liability –**

Walker envelopes are available at all Henry County Senior center locations. Collect money from your friends, family, co-workers or business partners place it in your envelope and bring it with you to turn in at The Walk. Every walker must have a completed walker/contribution envelope including your signature on the Release of Liability Portion. All walkers under the age of 18 must also have their parent/guardian sign the release. Checks should be made payable to “Henry County Council on Aging” or HCCOA. All donations are tax deductible as allowed by law and the cancelled check is the receipt if less than \$500.00.

### **Walker Rewards –**

All walkers who raise at least \$25.00 will receive a 2019 Walk T-shirt and be eligible for a door prize drawing. All walkers who participate will have lunch provided after the walk

### **Registration –**

Group and Individual Walker Registration will begin at 9:00 am at the Harper Event Center. If you feel you need to register your group prior to The Walk, please contact Ann Marie Quincey at either 770-288-6975 or [aquincey@co.henry.ga.us](mailto:aquincey@co.henry.ga.us).

For any additional information, please call 770-288-6975 or e-mail [aquincey@co.henry.ga.us](mailto:aquincey@co.henry.ga.us)