

Henry County Parks & Recreation

Therapeutic Recreation Newsletter and Calendar



FALL/WINTER 2021



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Events and practices for our athletes are listed on the Calendars. The Calendar details for Youth, Circle of Friends, Special Olympics, and Wheelchair Sports Activities will be attached to each month.

Please remember that we have planned these activities in advance. We will do our best to contact each of you if any changes are made. Please send Cheryl Williams any changes in your contact information. Thanks!!

If you are a new Athlete and would like to participate with us, please Contact Terry Nash for more information.

THANKS



















LG– Locust Grove Recreation Center
 SO– Special Olympics
 JPMP– JP Moseley Park
 WC– Wheelchair Sports
 RCP– Richard Craig Park



AAASP– American Association of Adapted Sports
 COF– Circle of Friends (Adult Social Group for the Intellectually Challenged)
 HCWR– Henry County Water Reservoir
 PAC– Performing Arts Center



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|---|---|--|--|
| | | | 1 COF SHOPPING DAY TRIP 9:30am Kayaking Practice 6pm-8pm | 2 SO Bocce Practice 5:30pm-7:00pm International "Bacon" Day | 3 National "Sky Scraper" Day  | 4 National "Eat Extra Dessert" Day (I won't tell)  |
| 5 National "Be Late For Something" Day  | 6 County Offices CLOSED  | 7 SO Athletics Practice 5Pm-6Pm SO Softball Practice @ JP Moseley 6pm-8pm | 8 Kayaking Practice 6pm-8pm National "Pledge Allegiance" Day | 9 NO BOCCE PRACTICE National "Teddy Bear" Day  | 10 National "Hug your Hound" Day  | 11 Special Olympics Kayaking Invitational @ Lake Tobesofkee |
| 12 National "Chocolate Milkshake" Day  | 13 National "Fortune Cookie" Day  | 14 COF Day Trip to the ATL DREAM TEAM! SO Athletics Practice 5Pm-6Pm SO Softball Practice @ JP Moseley 6pm-8pm | 15 National "Linguine" Day  | 16 Bocce Practice 5:30pm-7:00pm National "Guacamole" Day | 17 Best Friends Forever National "Women's Friendship" Day | 18 Games start at 9:30am-3:00 pm at Richard Craig Park  |
| 19 Talk Like a Pirate Day  | 20 National "Gibberish" Day | 21 SO Athletics Practice 5pm-6pm SO Softball Practice @ JP Moseley 6pm-8pm | 22 Circle of Friends Arts and Crafts 10am-12pm National "Love Note" Day | 23 Bocce Practice 5:30pm-7:00pm National "Great American Pot Pie" Day | 24 COF Annual Cornhole Bash 6:00pm-8:00pm Locust Grove Recreation Center | 25 Games start at 9:30am-3:00 pm at Richard Craig Park  |
| 26 National "Pancake" Day  | 27 National "Chocolate Milk" Day  | 28 Chair Yoga with Ms Fran 11:30a-12:30p SO Athletics Practice 5pm-6pm SO Softball Practice @ JP Moseley 6pm-8pm | 29 Terry Nash's Day National "Coffee" Day  | 30 Bocce Practice 5:30pm-7:00pm  | | |

September Events

CIRCLE OF FRIENDS SHOPPING DAY WED, SEPT 1 9:30 AM-3:00

Don't miss out on our shopping day with our COF Group! Space will be limited. We will meet at the Locust Grove Recreation Center at 9:30 am. We will be practicing social distancing and wearing our mask. Temperatures will be taken when entering the building that morning. We will be going to our favorite spot in Fayetteville, Fashion Ten, and hit the Goodwill up too. Bring money for lunch and of course for shopping. Sign up today
cwilliams@co.henry.ga.us

Happy Shopping Day



Ms. Frans Chair Yoga

September 14 & 28

11:30am-12:30pm

If you have trouble with balance or you just need a good stretch, come to Ms. Fran's Chair Yoga Class. You can come to the center and connect with Zoom or you can connect with her at home. Sign up today so I can get you the information you need. DON'T LET YOGA SCARE YOU!!! Its really fun and easy!



SPECIAL OLYMPICS KAYAKING INVITATIONAL

SATURDAY, SEPTEMBER 11

We are hosting the Special Olympics Kayaking Invitational this year. If you are on the team information will be given to you at practice. Unfortunately we are not allowed to have spectators, but are needing volunteers. If you are interested in volunteering contact Cheryl. There is a Covid protocol that has to be followed and you will need information in order to volunteer.



What: Arts and Crafts

When: Wednesday, Sept 22

Time: 10am-12pm

Where: Locust Grove Rec Center

Space is limited and social distancing will be practice. Mask must be worn in the building. Temperatures will be taken upon entering the building. Email: cwilliams@co.henry.ga.us

Circle of Friends

Field Trip

September 14

We are headed to see the Atlanta Dream Team!! We only have 18 tickets available so you must Call Cheryl very soon to get on the list. Bring money for dinner and concessions at the game. You will need to meet at Locust Grove Rec. Center by 5 PM to ride with us. Mask must be worn in the vans and temperatures will be taken before entering the building.



Terry Brooks Birthday is September 11!!



COF Corn Hole Bash Friday, September 24 6pm-8pm

Come and have an amazing Friday Night with Cornhole, Hotdogs and Friends. Bring your chair and if you have a cornhole board bring it. Social Distancing will be practiced. Email Cheryl to sign up!
cwilliams@co.henry.ga.us

