

Henry County Stormwater & Henry County Water & Sewerage Authority

# RIVERS ALIVE

Georgia's Annual Volunteer Waterway Cleanup Event

**Saturday, October 2, 2010**

**SOUTH RIVER WATERWAY**

**9:00am - 2:00pm**

**River Road & Old Snapping Shoals Road**

**McDonough (See Map)**

(Breakfast & Lunch Provided)

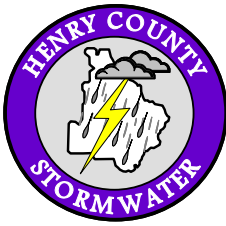


To volunteer, visit

[www.henrycountystormwater.com](http://www.henrycountystormwater.com)

or call (770) 288-RAIN





# Henry County Annual Rivers Alive FREQUENTLY ASKED QUESTIONS 2010

## ***What should volunteers wear?***

High-topped work boots with non-skid soles will help prevent slips and falls. **NO TENNIS SHOES!** Long pants are a must, and a long sleeved shirt is advisable. The coordinator should have several pairs of heavy-duty work gloves available for volunteers who do not bring their own. During hunting season, brightly colored clothing should be worn. Your local Department of Transportation may be able to provide orange vests for volunteers to wear. Sunscreen should be applied to prevent overexposure to harmful UV rays, and insect repellent should be applied before going into the field during certain times of the year. If public announcements are used for recruiting volunteers, information concerning proper attire should be included.

## ***What should volunteers bring?***

Some simple tools can make a volunteer's job safer and easier. Heavy-duty work gloves are a must. A trash poker, used for picking up paper and aluminum cans, alleviates much of the bending over to pick up trash and reduces the amount of handling. One can be made by partially inserting a nail into the end of a wooden dowel or broomstick handle and then cutting off the head of the nail with wire cutters. Instruct volunteers to be careful when using the poker and always hold the sharp end towards the ground. Also, be careful not to puncture aerosol cans with the poker, as they may explode or emit harmful chemicals. Another useful tool is a pair of long tongs, such as barbecue tongs. These can be used for picking up pieces of broken glass and other objects. It is recommended volunteers bring a water bottle with them to drink especially if it is warm outside.

## ***Why are we collecting data on debris?***

Rivers Alive encourages collect detailed information on what types of trash are being collected. At the local level, this information may help identify sources of trash on the waterway that can be eliminated. On a statewide level, this data can help identify where education efforts need to be concentrated in order to reduce pollution of our waterways. Globally, the data is submitted to The Ocean Conservancy and incorporated into their annual report, which has been used by EPA, the U.S. Coast Guard, the National

Oceanic and Atmospheric Administration and others to identify threats facing the waters of the nation. To learn more about this worldwide effort and to download their annual report, visit [www.oceanconservancy.org](http://www.oceanconservancy.org). According to the United Nations Joint Group of Experts on the Scientific Aspects of Marine Pollution, in the early 1990s land-based activities accounted for 60-80% of the world's marine pollution. This debris is carried to the ocean in part by creeks and rivers. When you consider Georgia has 70,150 miles of streams that flow to the Gulf of Mexico and the Atlantic Ocean, that is a lot of potential debris that could end up in the oceans if streams and rivers are not kept clean.

## ***How do I fill out the card and pick up trash?***

To facilitate data collection, we encourage volunteers to work in groups of four or five. Have each team designate a data collector (this is great job for someone who cannot bend and pick up trash or an adult supervising kids). The data collector is then responsible for recording the items picked up the rest of the team on the data card (the team can just call out the items they pick up as they go). On the data sheet, all that the data collector needs to do is use tick marks to record the debris items found. At the end of the clean up, the data captain tally tick marks for each item and turns the sheet into the event organizer.



# Henry County Annual Rivers Alive FREQUENTLY ASKED QUESTIONS 2010

## ***Will there be poison ivy?***

There will most likely be poison ivy at your cleanup site. Be aware that poison ivy starts losing its leaves in October in Georgia, making it harder to spot, but it is still possible to have an allergic reaction to the bare vines. Prevention is always the best policy. Gloves, long pants tied at the top of boots, and long sleeved shirts can help prevent exposure. Make sure volunteers are able to identify poison ivy (and poison oak, poison sumac and stinging nettle if these grow in your area) and advise them to wash all clothing and equipment as soon as they get home. If exposure does occur, flush the area with large amounts of cool water as soon as possible. Poison ivy rashes can be treated with many over-the-counter ointments.

## ***What about ticks?***

If your cleanup site is in a wooded or brushy area, tick exposure is likely. Light-colored clothing makes ticks easier to spot, and pants tied or tucked into boots and commercial tick repellants will help to reduce the probability of bites. DEET, permethrin (Permanone, Duranon, etc) and sulfur powder are good tick repellents, but must be used with care, especially on children. Volunteers should be advised to check themselves carefully for “passengers” when they get home, paying special attention to the scalp and using a mirror to check the back and any other hard-to-see areas. Clothing should be shaken and washed immediately. If an attached tick is found, it should be grasped firmly with tweezers as close to the skin as possible and pulled out. The area should then be washed with soap and water, checking to make sure that no mouthparts remain embedded in the skin, and an antibiotic salve applied. Ticks can carry disease, so if a rash or flu-like symptoms appear within a month after the bite, medical help should be

sought immediately.

## ***What if somebody gets hurt ?***

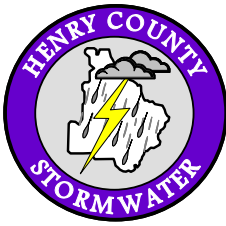
In the case of severe injury, the first priority is to stabilize the victim. One person should contact a member of the SAFETY TEAM LEADER Henry County Stormwater or Henry County Water Sewer Authority or go for help while another stays with the injured person. The event coordinator(s) should be notified as soon as possible. If a volunteer has a minor injury, the event coordinator should be notified. Each cleanup will have first aid kits, and ideally, each group of volunteers should have someone trained in first aid.

## ***What about large drums or other suspicious-looking containers?***

Don't touch them. While volunteers can safely remove most of the trash encountered, there are items to be avoided. Large drum-type containers that may contain hazardous wastes and any other suspicious-looking containers such as hospital wastes or explosives should be reported to the event coordinator, who should then inform the proper authorities. Workers should not attempt to lift heavy objects without sufficient help or equipment.

## ***What else should be avoided?***

Volunteers may encounter animals such as dogs, cows, or goats. The best policy is to leave them alone. Debris piles and vegetated areas may contain snakes, hornets, and wasps and should be approached with caution. Avoid trespassing on private property.



# Henry County Annual Rivers Alive FREQUENTLY ASKED QUESTIONS 2010

## WHAT TO WEAR AND BRING CHECKLIST

### *What should I wear?*

- Protective non-skid comfortable footwear
- Hat or scarf for sun protection
- Light weight long pants and a long-sleeved shirt.

For extra protection against poison ivy and ticks, tuck pants into boots or tie the bottoms. **Tip:** *during hunting season, wear a bright orange vest or other brightly colored clothing.*

### *What should I bring?*

- Trash poker  
*Tip: you can make one by partially inserting a nail into the end of a wooden dowel or broomstick handle and then cutting off the head of the nail.*
- Insect repellent  
(DEET, permethrin or sulfur powder will help repel ticks and other insects)
- Sunscreen
- Water bottle and water
- Signed volunteer agreement form (available at the event)
- Signed parental consent form for volunteers under 18 years of age (available at the event)



# 2010 Rivers Alive

Henry County Stormwater Management  
Henry County, Georgia



## MEDICAL RELEASE, PHOTO RELEASE, & LIABILITY WAIVER FORM

**Voluntary** - My participation in this River Cleanup is voluntary. I will select the activities in which I will participate. I will choose activities that are within my physical capacities. I will stay away from the water if I cannot swim and/or if I have any open cuts.

**Assumption of Risk** - I realize that during this Cleanup, there are several ways that I could potentially hurt myself if I am not careful or choose a task that I am not capable of doing. For example, I might choose to (a) clean up slippery stream and river banks, (b) canoe in or wade in streams or rivers that may contain strong currents or uneven bottoms, (c) clean up near highways or roads, (d) cut vegetation with sharp tools, (e) pick up sharp items, and (f) clean up in or near a stream or river that may contain harmful pollutants, bacteria, or parasites. I realize that my participation in any of these activities is strictly voluntary and that I assume the risks associated with these activities. I could: (a) receive cuts and abrasions, (b) lose personal property such as watches or jewelry, and (c) suffer serious bodily injury.

**Waiver** - I release the sponsors, organizers, volunteers, and site property owners (as well as all of their affiliates, directors, officers, trustees, employees, representatives, or agents) from all actions or claims of any kind that relate to my participation in the Cleanup. I understand and acknowledge that this waiver binds my heirs, administrators, executors, personal representatives, and assigns.

**Hold Harmless** - I hold the sponsors, organizers, volunteers, and site owners harmless and indemnify them against all actions or claims (including reasonable attorneys' fees, judgments and costs) with respect to any injuries, death, or other damages or losses, resulting from my participation in the Cleanup.

**Medical Treatment** - If I am injured during the Cleanup, the organizers or volunteers of the Cleanup may render medical services to me or request that others provide such services. By taking such action, the organizers and volunteers are not admitting any liability to provide or to continue to provide any such services and that such action is not a waiver by the organizers or volunteers of any rights under this release and waiver. Should I require transport to a medical facility as a result of an injury, I am financially responsible for such transportation and medical treatment costs. If I am injured during the Cleanup, it is my responsibility to seek appropriate medical care and to notify the Cleanup organizers. I understand that this waiver will have no bearing on any workers compensation claims that I may make as a result of my participation in this event.

**Pictures** - I agree that Rivers Alive can use any pictures or videos taken of me or my children/dependents during the Cleanup for future promotional campaigns.

**I UNDERSTAND AND AGREE WITH THE CONTENTS OF THIS DOCUMENT. ANY QUESTIONS I MAY HAVE HAD ABOUT THIS DOCUMENT WERE ANSWERED TO MY SATISFACTION.**

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<b>Organization</b> <i>(If applicable)</i>	
<b>Participant's Printed Name:</b>	
<b>Parent's Printed Name:</b>	<b>Signature Parent's Signature</b> <i>(If participant is under 18):</i>
<b>Email:</b>	<b>Contact Number:</b>
<b>Emergency Contact Person:</b>	<b>Emergency Contact's Phone Number:</b>

**Henry County Rivers Alive**  
**Saturday, October 2, 2010**  
**9am-2pm**  
**Old Snapping Shoals Community**  
**Henry County, GA**

