

Henry County Parks & Recreation



Therapeutic Recreation Newsletter and Calendar



Fall and Winter 2020

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Events and practices for our athletes are listed on the Calendars. On the back of each Calendar you will see details for Youth, Circle of Friends, Special Olympics, and Wheelchair Sports Activities.

Please remember that we have planned these activities in advance. We will do our best to contact each of you if any changes are made. Please send Cheryl Williams any changes in your contact information. Thanks!!

If you are new Athlete and would like to participate with us please Contact Terry Nash for more information.

THANKS



LG– Locust Grove Recreation Center

SO– Special Olympics

AAASP– American Association of Adapted Sports

HCWR– Henry County Water Reservoir







COF– Circle of Friends (Special Needs Adult Social Group)

AMS– Atlanta Motor Speedway (Children's Charities)

TYNF– Team Young-N-Fun (Special Needs Youth Group)

JPMRC– JP Moseley Recreation



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 SO Extreme Team Basketball Practice 6:00 pm-7:00pm	3 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG	4 Wheel Chair Sports 5pm-7pm	5 Chair Yoga With Ms. Fran 11:30a-12:30p SO Youth Floor Hockey Skills 5:30-6:30 @ LG SO Floor Hockey Team 6:00p-7:00p	6 Fall Bingo 6p-8p Locust Grove Rec 	7
8	9 SO Extreme Team Basketball Practice 6:00 pm-7:00pm	10 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG	11 Wheel Chair Sports 5pm-7pm	12 Circle of Friends Creative Minds 10am-12pm SO Hockey Pract 6p-7p	13 Circle of Friends Day Trip To FunBowl McDonough 12p-3pm	14
15	16 SO Extreme Team Basketball Practice 6:00 pm-7:00pm	17 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG	18 Wheel Chair Sports 5pm-7pm	19 Chair Yoga With Ms. Fran 11:30a-12:30p SO Youth Floor Hockey Skills 5:30-6:30 @ LG SO Floor Hockey Team 6:00p-7:00p	20 Circle of Friends Thanksgiving Feast 6pm-9pm 	21
22	23 NO PRACTICES	24 NO PRACTICES	25 NO PRACTICES	26 Office Closed 	27 	28
29	30 SO Extreme Team Basketball Practice 6:00 pm-7:00pm					



November Events



Ms. Fran's Chair Yoga

Thursday's November 5 & 19

11:30a-12:30p

Come and enjoy a relaxing time with Ms. Fran and chair yoga. All you need is a chair and bottled water. You can come to the Rec or you can join on Zoom. Let Cheryl know if you plan to attend.
cwilliams@co.henry.ga.us



**Creative Minds
November 12**

10am-12pm

Come to do an amazing November craft. Bring a lunch with a drink. To sign up for this craft, email Cheryl:

cwilliams@co.henry.ga.us

Circle of Friends



Friday, November 6

6p-9pm

We always have fun when it's a BINGO night. There will be a prize for all to win. Bring a snack and drink to share. Space is limited and Social Distancing will be practiced during event. RSVP at:

cwilliams@co.henry.ga.us



Circle of Friends Thanksgiving Feast

November 20, 2020 6pm-9pm

Please join us for our annual Thanksgiving Feast. We will be providing dinner this year. We will need you to bring a store bought dessert to share. Social distancing will be practiced. Space is limited. You must be on the list to participate. Sign up today with Cheryl:
cwilliams@co.henry.ga.us

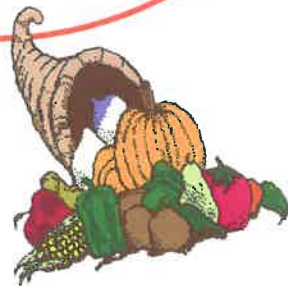


Circle of Friends Day Trip Fun Bowl in McDonough

Friday, November 13 12pm-3pm

Lets have a little bit of competition at the Bowling Alley. You will need \$5 to bowl and additional money for food from the Snack bar. Space is limited sign up today!

cwilliams@co.henry.ga.us








LG– Locust Grove Recreation Center
 SO– Special Olympics
 PAC– Performance Arts Center
 WC- Wheelchair Sports
 JPMRC-JP Moseley Recreation Center

DECEMBER 2020

COF– Circle of Friends (Special Needs Adult Social Group)
 TYNF– Team Young-N-Fun (Special Needs Youth Group)
 AAASP– American Association of Adapted Sports
 SL– Sunshine League baseball (Ages 5-18)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>MERRY CHRISTMAS FROM TNASH, TBROOKS, CHERYL, KERI, MINERVA & HARLON,</p> 		<p>1 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG</p>	<p>2 Circle of Friends Shop Day 9am-3pm Wheel Chair Sports 5pm-7pm</p>	<p>3 Chair Yoga With Ms. Fran 11:30a-12:30p SO Youth Floor Hockey Skills 5:30-6:30 @ LG SO Floor Hockey Team 6:00p-7:00p</p>	<p>4 Circle of Friends Creative Minds 6pm-8pm</p>	<p>5 Keri's Birthday</p> 
6	<p>7 SO Extreme Team Basketball Practice 6:00 pm-7:00pm</p>	<p>8 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG</p>	<p>9 Creative Minds Recipe Exchange Day 10am-12pm Wheel Chair Sports 5pm-7pm</p>	<p>10 Circle of Friends Christmas Movie and Lunch 12pm-3pm</p>	11	12
13	<p>14 SO Extreme Team Basketball Practice 6:00 pm-7:00pm</p>	<p>15 SO Team Skills Basketball 5:30p-6:30p @ LG SO Traditional Basketball 6:30p-7:30p @ LG</p>	<p>16 Wheel Chair Sports 5pm-7pm</p>	<p>17 Chair Yoga With Ms. Fran 11:30a-12:30p SO Youth Floor Hockey Skills 5:30-6:30 @ LG SO Floor Hockey Team 6:00p-7:00p</p>	<p>18 Circle of Friends Christmas Party 7pm-9pm</p>	19
20	<p>21 NO PRACTICES</p>	<p>22 NO PRACTICES</p>	<p>23 NO PRACTICES</p>	<p>24 Office Closed</p> 	<p>25 Office Closed</p> 	26
27	<p>28 NO PRACTICES</p>	<p>29 NO PRACTICES</p>	<p>30 NO PRACTICES</p>	<p>31 Office Closed</p>		<p>MAY 2021 BRING YOU HEALTH AND HAPPINESS!</p> 

December Events

CIRCLE OF FRIENDS CHRISTMAS SHOP DAY WEDNESDAY, DECEMBER 2

9AM-3PM

Come join us for a day of laughing and shopping.

We will start out at 9am in Griffin and will end the day in Locust Grove. You will need to provide your own transportation. We will decide where we will enjoy lunch once we are together. Join us by emailing:

cwilliams@co.henry.ga.us

Thursday's December 3 & 17

11:30a-12:30p

Come and enjoy a relaxing time with Ms. Fran and chair yoga. All you need is a chair and bottled water. You can come to the Rec or you can join on Zoom. Let Cheryl know if you plan to attend.

cwilliams@co.henry.ga.us

Circle of Friends.
Creative Minds

Friday, December 4

6pm-8pm

Its that time again to get crafty and creative!

Be ready to do a Christmas themed activity. Please bring a snack and drink to share. Space is limited and social distancing will be practiced. Sign up today!!

cwilliams@co.henry.ga.us

Circle of Friends Christmas Party

Friday, December 18

7pm-9pm

Come join our Circle of Friends to celebrate love, health and happiness. Wear your favorite ugly Christmas Sweater or Christmas Mask. Bring a Christmas dessert or snack and a drink to share. We will be able to see Santa and a elf or two. We will be practicing social distancing. Space is limited. Email Cheryl:

Cwilliams@co.henry.ga.us

Creative Minds Recipe Exchange

December 9th

10am-12pm

Bring a sample of your favorite Christmas recipe to share . Please email me your recipe before you come. So it can go into the recipe book. Bring \$3 we will be making a simple snack and will be putting our recipe books together. Space is limited. Sign up today!

cwilliams@co.henry.ga.us

Circle of Friends

Lunch and a Movie

December 10 12pm-3pm

We will eat and watch a Christmas movie together in the Community Room in Locust Grove Rec. Center. Space is limited! To sign

up, email: cwilliams@co.henry.ga.us