

LG- Locust Grove Recreation Center

COF- Circle of Friends (Adult Social Group for the Intellectually Challenged)

SO- Special Olympics

HCWR- Henry County Water Reservoir



WC- Wheelchair Sports

RCP-Richard Craig Park

JPMP- JP Moseley Park

AAASP – American Association of Adapted Sports



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	National "Deep Fried Clams" Day	2 SO Basketball Team Skills 6p-7p SO Basketball Traditional 7p-8p	3 National "Sandwich" Day	4 NO SO HOCKEY PRACTICE National "Candy" Day	5 National "Doughnut Appreciation" Day	6 National "Nacho" Day
7 National "Hug a Bear" Day	8 National "Cappuccino" Day	9 CHAIR YOGA with Ms. Fran 11:30am SO Basketball Team Skills 6p-7p SO Basketball Traditional 7p-8p	10 Circle of Friends Day Trip FunBowl 12pm	Special Olympics Floor Hockey Locust Grove 6pm-7pm	12	13 World Kindness Day A A A A A A A A A A A A A A A A A A A
COF Showing Thankfulness Week! National Pickle Day	15 COF "Thankful for Friends" ZOOM Meeting 1:00 PM	16 SO Basketball Team Skills 6p-7p SO Basketball Traditional 7p-8p *Phone a Friend*	COF Creative Minds Arts and Craft 10am-12pm Thankful Craft	18 Special Olympics Floor Hockey Locust Grove 6pm-7pm COF Game Day 10am-1pm	COF Zoom Meeting @ 4pm (Topic: What are you thankful for)	20 National "Beautiful" Day
21 Henry County Schools Closed	Post on FB Page: National "What do you love about America" Day	23 Chair Yoga w/ Ms. Fran 11:30am-12:30 National "Expresso" Day	National "Day of Listening" Day	25 County Office Closed logoty THANISGIVING Dog	26 County Office Closed National "Cake" Day	27 National "Turtle Adoption" Day
28 National "French Toast" Day	National "Chocolate" Day	30 SO Basketball Team Skills 6p-7p SO Basketball Traditional 7p-8p				



COF Day Trip

Wednesday, November 10
12:00 PM

Come out and have a fantastic day at Fun Bowl. You will need \$5 to bowl 2 games. We will order lunch from "The Food Zone". Sign up today:

cwilliams@co.henry.ga.us

Due to circumstances out of our control, we will not be able to have a Thanksgiving Feast this year. We hope that you are able to celebrate with friends and family through this holiday weekend and hope that you and yours stay healthy and happy!!

We love you ALL, TR Staff, Mrs. Denise Flanigan and Family

povembe. Events

COF Creative Minds

Wednesday, November 17

We will be doing a Thanksgiving craft.

Make sure you are signed up. Bring a lunch so we can eat while our craft dries.

Sign up today and remember social distancing will be practiced.

cwilliams@co.henry.ga.us

Monday, November 15: Zoom Meeting 1 PM: "Thankful for Friends" Share 5 things you are grateful for.

Tuesday, November 16: Call someone you haven't talked to recently to tell them how much you appreciate their friendship!





COF "Thankful Week"

November 15-19, 2021

Each day this week we will have a task set out for you to do to show what you are thankful for. Please make sure you sign up for the events you are wanting to participate in. cwilliams@co.henry.ga.us

ZOOM Meeting Info:

1D#765-689-0876
Passcode: 210100

Wednesday, November 17: Creative Minds Locust Grove Rec. Center "Thankful Arts" 10am "Send a card to someone"

Thursday, November 18: Game Day and Lunch 10am-1pm @ Locust Grove Rec. Center **Buy a cup of Coffee/ Cola for someone

Friday, November 19: ZOOM Meeting: "What are you grateful for?" Join us for a chance to win a gift card!

Henry County Parks & Recreation

Therapeutic Recreation Newsletter and Calendar



FALL/WINTER 2021



Locust Grove Recreation Center 770-288-7296

Fax # 770-288-7306

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Terry Brooks, TR Specialist

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Events and practices for our athletes are listed on the Calendars. The Calendar details for Youth, Circle of Friends, Special Olympics, and Wheelchair Sports Activities will be attached to each month.

Please remember that we have planned these activities in advance. We will do our best to contact each of you if any changes are made. Please send Cheryl Williams any changes in your contact information. Thanks!!

If you are a new Athlete and would like to participate with us, please Contact Terry Nash for more information.